



## Circle of Security® 1 Day Introductory Training

Friday, October 3, 2014

Duluth, MN

*Sponsored by Northland Foundation*

*Presented by Glen Cooper - Circle of Security® Co-originator*

Participants report that the one day introduction to the Circle of Security® (COS) changes the way they think about their current work. This training integrates findings from attachment research, brain science, and the field of psychology into a user friendly conceptual framework - the Circle of Security®. The COS provides an introduction to the application of developmental research into our work with children and families. Participants can benefit from such a view by harnessing the fundamental interpersonal process that promotes emotional well being and mental health from birth through old age.

### Who Should Attend?

This training is open to anyone regardless of occupation or educational background including medical and mental health professionals, social workers, lawyers, Guardians-ad-Litem, child care providers, early care and education professionals, parents, public health and human services, foster care providers, and other child service professionals.

### Learning Objectives of the Training

- Provide a user friendly overview of attachment theory and the essential features of both healthy and unhealthy attachments
- Shift participant's understanding of behavior as problematic to behavior as communication
- Offer video examples of specific attachment patterns
- Integrate attachment theory with current research in brain development
- Explore practical applications regarding how understanding behavior as communication and the fundamentals of secure attachment can be integrated into work with children and families

### Location

Great Lakes Ballroom at the  
Holiday Inn and Suites

200 West First Street

Duluth, MN 55802

*(Free event parking in Holiday ramp)*

### Date:

Friday, October 3, 2014

### Time:

8:30 am - 4:30 pm

Lunch included

Seating is Limited

### Cost:

\$45 per person

Scholarships available

### To register:

[Email](#) or contact Northland  
Foundation at 218-723-4040