



## CIRCLE OF SECURITY PARENTING DVD TRAINING®

Duluth, Minnesota

*Sponsored by Northland Foundation*

*Presented by Glen Cooper – Circle of Security® Co-ordinator*

DATES: September 29 - October 2, 2014

Circle of Security® has established a new DVD parenting education program offering the core components of the evidencebased and internationally acclaimed COS® protocol. This 4-Day seminar trains professionals to use an eight chapter DVD to educate parents and caregivers. The program presents video examples of secure and problematic parent/child interaction, healthy options in care giving, and animated graphics designed to clarify principles central to COS®. Circle of Security Parenting® implements decades of attachment research in an accessible step-by-step process for use in group settings, home visitation, or individual counseling. Watch a sample of the DVD at <http://www.youtube.com/user/CircleOfSecurity>

### LOCATION:

Great Lakes Ballroom at the  
Holiday Inn & Suites  
200 West First Street  
Duluth, MN 55802

### WHO SHOULD ATTEND?

Social Workers, Marriage and Family Therapists, Mental Health Counselors, Home Visitors, Family Support Workers, Outreach Workers, Behavior Support specialists, and anyone providing parenting education and/or counseling to parents of young children.

### COST:

\$900 (includes COS Parenting® DVD, COS Parenting Training® Manual, Parent Handouts, License to use the above materials to teach COS Parenting® to caregivers). This cost (minus a \$200 cancellation fee) is refundable through 9/15/14. After 9/15/14 it may be transferred to another person.

Late Registration:

\$1,000 with payment after 9/1/14

Group rates:

5-9 people 10% discount, 10 or more 15% discount.

### Learning Objectives of the Training:

- Understand the theoretical foundation of the Circle of Security®
- Build a secure base/safe haven relationship with caregivers
- Shift caregiver focus from behavior management to enhancing the quality of relationship
- Understand specific steps to build self-reflection in caregivers
- Use video examples to support increased empathy in caregivers
- Identify new options to help caregivers manage emotions
- Learn step-by-step approaches for promoting secure attachment in children

*“The Circle of Security Parenting® DVD is an outstanding contribution and a “must see” for parents of young children. Focusing on how parent/child relationships can be strengthened, this unique approach teaches parents, and those helping them, new ways to understand children’s needs and behavior. It also offers effective ways to respond to these needs and behaviors. I have found it invaluable in my own work with parents of young children.”*

Charles H. Zeanah, M.D.

Tulane University School of Medicine

Editor, Handbook of Infant Mental Health

### TO REGISTER:

Registration opens now. Go to [www.circleofsecurity.net](http://www.circleofsecurity.net). For questions, contact the COS Registrar at [registration@circleofsecurity.org](mailto:registration@circleofsecurity.org).

\*DVD may only be used by those who have completed the 4-Day training. Completion of the 4-Day training does not grant permission to train others in the use of the DVD.